

Semaine nationale de la sensibilisation à la douleur

****Vous pouvez vous inscrire à un événement en cliquant sur son titre/heure.****



Temps (HNE)	Nov. 6 (Lundi)	Nov. 7 (Mardi)	Nov. 8 (Mercredi)	Nov. 9 (Jeudi)	Nov. 10 (Vendredi)	Nov. 11 (Samedi)	Nov. 12 (Dimanche)
9:00		'Breaking Barriers: Inclusive Pain Management for Children and Youth' SickKids Pain Centre annual conference 9h00 - 16h00 HNE					
10:00		Connecting Chronic Pain and Work Injury 10h00 - 11h30 HNE					
11:00							
12:00	Managing Fibromyalgia and Pain 12h00 - 13h30 HNE	Y'a de la visite ! 12h00 - 13h00 HNE			Thinking about Pain 12h00 - 13h00 HNE		Power Over Pain Orientation 12h00 - 13h00 HNE
13:00	What are we doing about pain in Canada - 2023 update 13h00 - 14h00 HNE	Dating and relationships 13h00 - 14h00 HNE	Pain care across the age spectrum 13h00 - 14h00 HNE	Practical life skills: What can we learn from each other? 13h00 - 14h00 HNE	Equity, diversity, and inclusion perspectives and chronic pain 13h00 - 14h00 HNE		Measurement of pain 13h00 - 14h00 HNE
				Body Mapping 13h00 - 14h00 HNE			
14:00	Gentle pain care yoga 14h15 - 14h45 HNE	Pain and Trauma 14h00 - 15h00 HNE	Gentle pain care yoga 14h15 - 14h45 HNE	Power Over Pain Orientation 14h00 - 15h00 HNE	Gentle pain care yoga 14h15 - 14h45 HNE		Gentle pain care yoga 14h15 - 14h45 HNE
					Pleine conscience et douleur 14h00 - 15h00 HNE		
15:00	The Poetics of Pain 15h00 - 16h00 EST	IMPACT: Acceptance and Commitment Therapy for Chronic Pain 15h30 - 16h30 HNE	Mentorship skill-building with and by people who live with pain 15h00 - 16h00 HNE	Orientation au Portail Surmonter sa douleur 15h00 - 16h00 HNE	Using trauma-informed somatic awareness in pain management 15h00 - 16h00 HNE		Coming Together: Peer supported conference reflections 15h00 - 16h00 HNE
16:00		Bouger pour aller mieux: mais on prend ça mollo ! 16h00 - 17h00 HNE					
17:00				Chronic Pain Network: Changing the way pain is managed in Canada 17h00 - 18h00 HNE			
18:00	Improving Access to Pain Care through the Power Over Pain Portal 18h00 - 19h00 HNE	Power Over Pain Orientation 18h00 - 19h00 HNE		Living with Chronic Pain: Challenges and Solutions 18h30 - 19h30 HNE			